



Canadian Association for Porphyrria Inc.

www.cpf-inc.ca Mail: Box 1206, Neepawa, MB, R0J 1H0 Phone: 204-476-2800

PERSONAL EMERGENCY HEALTH RECORD

LAST NAME		DATE OF BIRTH	
FIRST NAME		TELEPHONE	
ADDRESS		CITY	
PROVINCE		POSTAL CODE	
PROVINCIAL MEDICAL ID NO.		PERSONAL HEALTH ID NO.	
HEALTH INSURANCE NO. (eg: BlueCross, Great West Life)		DENTAL INSURANCE NO.	
EMERGENCY CONTACT NAME		EMERGENCY CONTACT NAME	
RELATIONSHIP		RELATIONSHIP	
EMERGENCY CONTACT NO.		EMERGENCY CONTACT NO.	
TYPE OF PORPHYRIA		FAMILY DOCTOR NAME	
DIAGNOSING DOCTOR		FAMILY DOCTOR PHONE NO.	
YEAR DIAGNOSED		OTHER DOCTORS	

MEDICAL HISTORY

CURRENT MEDICATION			
ALLERGIES		REACTION	
SENSITIVITIES		REACTION	
CHEMICAL EXPOSURE			
DEVICES/IMPLANTS			
OTHER		PROSTHESES	

SURGERY HISTORY

TYPE OF SURGERY		YEAR	
HOSPITAL			
TYPE OF SURGERY		YEAR	
HOSPITAL			

CAUTION ADVISED - There are many medications and anaesthetics that may lead to life threatening situations

	SAFE DRUGS	UNSAFE DRUGS	SAFE FOODS	UNSAFE FOODS
<p>The drugs and food listed here include the most commonly used or most severely reacted to drugs and foods. Please see "Patient's and Doctor's Guide to Medication in the Acute Porphyrrias"</p> <p>Swedish Porphyrria Centre and Norwegian Porphyrria Centre Drug Database for Acute Porphyrria found at www.drugs-porphyrria.org</p>				

ADDITIONAL INFORMATION				
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DATE LAST UPDATED	
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